

## Prosthetic Wearing Schedule

Day 1 – 2 :	½ hour	2 times per day
Day 3 – 4 :	1 hour	2 times per day
Day 5 – 6 :	1½ hours	2 times per day
Day 7 – 8 :	2 hours	2 times per day
Day 9 – 10:	½ hours	2 times per day
Day 11–12:	3 hours	2 times per day
Day 13–14:	3½ hours	2 times per day
Day 15–16:	4 hours	2 times per day
Day 17 :	ALL DAY	

**It is very important that you follow the above schedule.**

- ✓ There should be at least 2 hours between wearing times.
- ✓ Do not extend wearing times.
- ✓ Remove the prosthesis and liner / socks and check for redness after each wearing period.
- ✓ If some redness is noted, check the area again in 20 minutes.
- ✓ If there is no redness after 20 minutes, you may begin wearing the prosthesis again at the next scheduled time.
- ✓ If redness is still present after 20 minutes, make a notation of the area and call us to schedule an appointment for an adjustment to the prosthesis.

Anderson Orthotics & Prosthetics  
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Phones answered, or messages returned promptly, 24 hours a day.  
If you have ANY problems with your brace, please call us.